

BRUNSWICK COUNTY SUBSTANCE USE, ADDICTION, AND MENTAL HEALTH COMMISSION MONTHLY MEETING MINUTES

December 5th, 2024

5:00PM – 6:30PM

Brunswick County Health Services

25 Courthouse Drive, Building A, Bolivia, NC 28422

I. CALL TO ORDER

The Brunswick County Substance Use, Addiction, and Mental Health Commission monthly meeting was called to order at 5:07PM on December 5th, 2024, in the Brunswick County Health Services Boardroom and on Microsoft Teams Video.

a. Approval of November Meeting Minutes

Motion: Eberle

Second: Gomes

Changes/Comments: none

b. Agenda Approval

Motion: Eberle

Second: Gomes

Changes/Comments: Addition of letter “a. BOC Presentation Committee” under item “II. Quarterly Focus” and addition of letter “a. Onboarding process for new members” under item “V. Discussion Topics & Commission Inputs”.

c. Attendance

Member Name	Position Held	Term Expiration	Present Y/N V=virtual
Kathleen Gomes	District 1	June 30th, 2028	Y
Joshua Torbich	District 2; Chair	June 30th, 2028	Y
William Eberle	District 3; Vice-Chair	June 30th, 2025	Y
Charles Francka	District 4	June 30th, 2025	Y – V
Jeremy Gunn	District 5	June 30th, 2026	Y – V
Jennifer Faircloth	Board of Education	June 30th, 2027	Y
Johnnie McAdams	Chief Superior Court Judge	June 30th, 2025	Y – V
Acacia Alston	Sheriff's Office	June 30th, 2026	Y
Jeremy Seamon	Member-At-Large	June 30th, 2027	Y – V
Laura Trueman	Member-At-Large	June 30th, 2027	N

Cecelia Peers	Trillium Regional Director	June 30th, 2028	N
Anthony Grimaldi	Local Mental Health Professional	June 30th, 2028	Y
Guest Name	Agency/Title		
David Howard	Health Director, Brunswick County Health Services		
Olivia Jarvis	Health Educator, Brunswick County Health Services		
Teresa DuBose	Prevention Specialist, Coastal Horizons		
Jane McDonald	Prevention Coordinator, Coastal Horizons		

d. Staff Reports & Presentations

i. Presentations – None

ii. Reports

1. Travis Greer, Health Educator II, is facilitating a Freedom From Smoking Program by the American Lung Association starting January 6th. This is a 7-week program providing education and support for people preparing to quit tobacco. Copies of fliers were made available along with social media files.
2. Responding to Addiction Trainings held in November & December between 3 Senior Center Sites had 8 participants in total. No trainings scheduled for the New Year at this time.

e. Public Comments

None

II. QUARTERLY FOCUS

a. Prevention

Notes: Commission members discussed and determined the best course of action at this time is to continue to focus on Prevention while also adding in a focus on Treatment.

III. QUARTERLY UPDATE & RECOMMENDATIONS TO BOARD OF COMMISSIONERS

a. Update Status

Notes: Discussion continued from the quarterly focus to the status of the update to the Board of Commissioners. The importance of sticking to deadlines for presentations and materials was highlighted. The next target date for an update to the BOC is in April, covering the prevention topic. This will allow the members to develop their process for updates and find a “rhythm” for working on these materials. A small working group will begin meeting at 4pm, before the monthly meetings. Working group members are Mr. Grimaldi, Mr. Eberle, Mrs. Trueman, and Mrs. Teresa DuBose, Prevention Specialist with Coastal Horizons.

IV. ASSIGNMENTS FROM PREVIOUS MEETING

None

V. DISCUSSION TOPICS & COMMISSION INPUTS

- a. Mr. Torbich requested Ms. Jarvis connect CRCI with Mr. Greer's tobacco cessation program as many recovery program participants continue to have a dependence on tobacco.
- b. Decision made following a discussion with members to ensure each new commission member receives a copy of the enCompass manual as a programmatic reference and for understanding of topics related to the commission's purpose.
- c. Mr. Eberle shared out notes on the orientation process for newly appointed members, discussion followed on who should be involved and decision made to continue to work on this with Ms. Gomes.
- d. Concerns raised for date of next meeting – scheduled for January 2nd, 2025.
Decision to keep this meeting date was made. January meeting date not changed.

VI. ADJOURNMENT

Motion: Alston

Second: Eberle

There being no further business, the Brunswick County Substance Use, Addiction & Mental Health Commission monthly meeting was adjourned at 6:34PM. The next scheduled meeting will be held at 5:00PM on January 2nd, 2025, in the Brunswick County Health Services Boardroom.



Chairperson

