



Brunswick County Substance Use, Addiction, and Mental Health Commission

Brunswick County Substance Use, Addiction, and Mental Health Commission

Meeting Packet

Thursday, November 7th, 2024

5:00pm - 6:30pm

Brunswick County Health Services Boardroom

Enclosed:

November Meeting Agenda (Page 2)

October Meeting Minutes (Pages 3 - 7)

Agenda

Meeting scheduled for Thursday, November 7th, 2024, from 5:00pm - 6:30pm
in the Brunswick County Health Services Boardroom.

- I. Call to Order
 - a. Approval of October Meeting Minutes
 - b. Agenda Approval
 - c. Attendance
 - d. Staff Reports & Presentations
 - i. Project Updates
 1. enCompass & Responding to Addiction
 - e. Guest Presentations
 - f. Public Comment
- II. Quarterly Focus
- III. Quarterly Update & Recommendations to Board of Commissioners
 - a. Quarter 3 Update Postponed
- IV. Assignments from Previous Meeting
- V. Discussion Topics & Commission Inputs
- VI. Adjournment

BRUNSWICK COUNTY SUBSTANCE USE, ADDICTION, AND MENTAL HEALTH COMMISSION MONTHLY MEETING MINUTES

October 3rd, 2024

5:00PM - 6:30PM

Brunswick County Health Services

25 Courthouse Drive, Building A, Bolivia, NC 28422

I. CALL TO ORDER

The Brunswick County Substance Use, Addiction, and Mental Health Commission monthly meeting was called to order at 5:07PM on October 3rd, 2024, in the Brunswick County Health Services Environmental Health Boardroom (due to walk-in flu & covid vaccine clinic setup in Health Services Boardroom) and on Microsoft Teams Video.

a. Approval of August; September Meeting Minutes

Motion: Seamon

Second: Alston

b. Agenda Approval

Motion: Seamon

Second: Alston

c. Attendance

Member Name	Position Held	Term Expiration	Present Y/N
Kathleen Gomes	District 1	June 30th, 2028	Y - V
Joshua Torbich	District 2; Chair	June 30th, 2028	Y - V
William Eberle	District 3; Vice-Chair	June 30th, 2025	Y
Vacant	District 4	June 30th, 2025	
Jeremy Gunn	District 5	June 30th, 2026	Y
Jennifer Faircloth	Board of Education	June 30th, 2027	Y
Johnnie McAdams	Chief Superior Court Judge	June 30th, 2025	Y - V
Acacia Alston	Sheriff's Office	June 30th, 2026	Y
Jeremy Seamon	Member-At-Large	June 30th, 2027	Y
Laura Trueman	Member-At-Large	June 30th, 2027	Y
Cecelia Peers	Trillium Regional Director	June 30th, 2028	Y
Anthony Grimaldi	Local Mental Health Professional	June 30th, 2028	N
Guest Name	Agency/Title		
Travis Greer	Health Educator II, Brunswick County Health Services		
David Howard	Health Director, Brunswick County Health Services		
Olivia Jarvis	Health Educator, Brunswick County Health Services		
Carla Colflesh	CEO, Medaci Wellness Institute		
Justin Mohaska	Operations Director, Medaci Wellness Institute		
Jane McDonald	Prevention Specialist, Coastal Horizons (Virtual)		

d. Staff Reports & Presentations

None - Jeremy Seamon asked staff to share out the NC Health Disparities

Analysis Report with commission members and briefly discussed changes noted

in drug overdose deaths and Narcan distribution highlighted in the report. Staff will share with commission members following the meeting.

e. Guest Reports & Presentations

None

f. Public Comments

None - Laura Trueman followed Seamon's reporting with summary of data shared from attending the September OPDAAC meeting, including drug ingredients trends and overdose death rates. Brief discussion and questions about appropriate communication methods to share information with the commission. Sharing information can be facilitated through staff (Olivia) or via staff reports in meetings. There is another option of small work groups which could facilitate sharing of information and other communication.

II. QUARTERLY FOCUS

a. Prevention

Notes: Discussion of quarterly focus and presentation. Laura Trueman asked Josh Torbich for updates he could share regarding this focus from his meeting with the school superintendent regarding prevention month activity planning for students. The schools have a database of incidents in schools and can be used to filter through incidents to highlight those that are tobacco/substance use related. Approximately 10% of the incidents are substance related. Due to the parental bill of rights in schools, consent must be given for participation in polling/surveying of students in schools. One change being made during the activities for this year will include counselors being available following the presentations to students so that any impacts made can continue to assist with students making changes regarding problematic behaviors or substance use related needs. There will also be discussions regarding activities throughout the school year rather than just during prevention month (October). Further discussion continued on interest and possibilities of measuring effectiveness of prevention activities. If all children in schools are too big of a target perhaps the foster care involved population that could be a target group.

III. QUARTERLY UPDATE & RECOMMENDATIONS TO BOARD OF COMMISSIONERS

a. Quarter 3 Update on Monday, October 21st at 6:00PM

i. Contributions & Edits

Discussion of quarterly focus transitioned into quarterly update presentation and reviewing current data/information gathered and how to interpret that or if there is information still missing. Discussion of list of what already exists in the schools as an inventory in the presentation.

Acacia Alston led discussion and background of feedback from Judge Hankins on needs of DJJ involved youth. THC 101 costs \$60 to take, and is not a mandated course, so many parents opt out of this course due to the cost. Could be mandated and funded if there was available funding put towards the courses.

ii. Presentation Planning

IV. ASSIGNMENTS FROM PREVIOUS MEETING

V. DISCUSSION TOPICS & COMMISSION INPUTS

a. New Member Meeting and Brief Orientation

VI. PROJECT UPDATES

a. enCompass & Responding to Addiction

VII. ADJOURNMENT

Motion: Trueman

Second: Seamon

There being no further business, the Brunswick County Substance Use, Addiction and Mental Health Commission monthly meeting was adjourned at 6:45PM. The next scheduled meeting will be held at 5:00PM on November 7th, 2024, in the Brunswick County Health Services Boardroom.

_____ Chairperson