



Brunswick County Substance Use and Addiction Commission

BRUNSWICK COUNTY SUBSTANCE USE
AND ADDICTION COMMISSION
MONTHLY MEETING
December 7, 2023, 5:00 PM

I. CALL TO ORDER:

The meeting of the Brunswick County Substance Use and Addiction Commission was called to order by Mr. Torbich 5:08 PM in person at the Brunswick Health Services Board Room. Also, on video zoom.

A. Attendance

The following members were present:

Mr. (Rev) William Eberle
Ms. Johnnie McAdams
Mr. Jeremy Seamon
Ms. Laura Trueman
Mr. Josh Torbich
Ms. Kathleen Gomes
Mr. Jon Oliver
Ms. Megan Wilson (new member)

Members absent:

Ms. Joscelyn Ott

Health Services staff present

. Mr. David Howard, Director, Health Services Director
Ms. Olivia Jarvis, Health Educator
. Ms. Teresa Mobley, Prevention Specialist, Coastal Horizons (video)

B. Public Comment: None

C. Special Presentation: Triple P, Channing Higgins, Blossom Together Parenting and more Ms. Channing Higgins presented a slide show of the Triple P parenting program and her vision of a yet to be parenting drop in and training center she hopes to build in Boliva. Triple P is an evidence based parenting family support system designed to help children and parents realize and meet their potential working with any family issue. There are several levels of service ranging from small problems to very major issues where children are removed. The process includes: 1. Talking care of yourself as a parent 2. Having a positive learning environment. 3. Having a safe and interesting environment 4. Having realistic expectations 5. Using assertive discipline. Ms. Higgins is available to offer Triple P at other sites currently, but is seeking funding to create her envisioned drop-in center.



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members were assigned targeted groups to survey once the questions are designed:

Ms. Wilson (schools)

Ms. Jarvis (CRCI)

Mr. Oliver (ER and EMT services All first Responders)

Ms. Gomes (Community Health Centers)

Ms. Truman (pharmacy)

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IV. NEW BUSINESS

A. New Commission Member Appointee Recognition:

Ms. Wilson, Assistant Principal at Union Elementary will be the new representative from Brunswick County Schools. She introduced herself to the group

V. COMMISSION INPUT: No report

VII. ADJOURNMENT: Move to adjourn (Eberle/Trueman). There being no further business, the meeting was adjourned at 6:45 PM

The next Brunswick County Substance Use and Addiction Commission meeting will be held on **January 4, 2024, at 5 PM**, at the Brunswick County Health Department

A handwritten signature in blue ink, appearing to read "John A. Oliver", written over a horizontal line.

Chairperson

A handwritten signature in blue ink, appearing to read "John Gomes", written over a horizontal line.

Secretary