

**BRUNSWICK COUNTY SUBSTANCE USE  
AND ADDICTION COMMISSION  
MONTHLY MEETING  
September 16, 2019 3:00 PM**

**ATTENDANCE:**

1. The following members were present:

Ms. Kathleen Gomes  
Ms. Catherine Cooke  
Mr. Joshua Torbich  
Mr. (Rev) William Eberle  
Ms. Heather Strickland  
Ms. Cynthia Cheatham  
Ms. Stephanie Riley

2. Members absent:

Cpt. Stephen Lanier  
Mr. Eric Gushue  
Mr. Wesley Hickman

3. Health Services staff present

Allison Campbell, Health Services Health Educator  
Cris Harrelson, Brunswick County Health Services Director

**CALL TO ORDER:** The meeting of the Brunswick County Substance Use and Addiction Commission was called to order by Mr. Torbich PM.at 3:00 PM in the Health Services Board Room (Building A).

**PUBLIC COMMENT:** no public comment

**REGULARLY OCCURRING ITEMS**

- A. Approval of Minutes:** Minutes for August 2019 meeting accepted and approved (Cheatham/Eberle) as submitted.
- B. Agenda Adjustments:** addition of Item D: discussion of the Play Book from the Raleigh Conference

**C. Review of Monthly Data:**

1. **State Opioid Reports** –Mr. Harrelson presented a slide show of the most recent quarter numbers, which showed graphs and numbers indicating a slight downward turn in unintentional deaths, Opioid overdose related ER visits, Opioid related deaths, multiple provider episodes, Pills dispensed in the county, new reported Hepatitis cases, Naloxone administration by EMS, and individuals initiating treatment. The report indicated an increase in Buprenorphine, and prescriptions for opioid replacement drugs. Brunswick still remains in the “red zone” in most areas.
2. **Brunswick County Sheriff’s Office Reports** –no report

**OLD BUSINESS**

**A. Detox Sub-Group (Joshua Torbich, lead))**

1. Mr. Torbich and Ms. Gomes attended a meeting with RHA representatives Brandon Golder, Brian Mengia, Pam Stalls, Charles Hill), to discuss possibilities for a detox facility in Brunswick County. A survey of county properties has been initiated which might be used. There will be a second meeting with RHA, Mr. Torbich, Ms. Gomes, and representatives of Trillium to move this process along. Interviews with some county officials has been stalled due to turnover of some county positions.

**B. Outreach Sub- Group (Bill Eberle, lead).**

1.**Newspaper Articles** Mr. Eberle reported that several articles written by Commission members had been published in the Brunswick Beacon in the last month. There are several more articles “in the bank” but more are needed to continue the Public Awareness Campaign. Due to a computer glitch, a few articles had to be resubmitted.

2.**Media campaign.** Ms. Campbell presented the two posters which were chosen, along with tear off contact information. Discussion took place about the best places to post. Suggestions included gas station bathrooms, and fast food bathrooms. The campaign was approved for payment and purchase (25 posters, 100 pads for \$525). The sheriff’s department would be consulted for the best places to place theses posters

**C. Public Awareness in the County (Hickman, lead) Outreach Related Activities:** no report on the mobile app progress

**D. Opioid Misuse and Overdose Prevention Summit:** Mr. Eberle, presented the Play Book, and asked that committee members select information from the book within their areas of expertise. He suggested the use of the questionnaire along with a showing of the Nova documentary, for several groups. Ms. Cheatham shared about the Resilience movie which will be presented by Novant to the public on November 14, 2019 at Brunswick Community College Auditorium

Motion to move to new Business (Cheatham/Cooke)

**NEW BUSINESS**

- A. **ACE.** Ms. Campbell presented a power point to the committee on Adverse Childhood Experiences, followed by a discussion about how this information can be used. This I preparation for viewing of the Resilience movie.
- B. A preview of the movie which will be presented by Novant Resilience: The Biology of Stress and the Science of Hope. the ACE questionnaire will be distributed prior to the showing, which will take place at the Williamson auditorium at BCCC on November 14, 2019
- C. Nova Episode Preview. The committee was shown a segment of the Nova documentary Addiction, which Mr. Eberle suggested showing as another part of the Public Awareness Campaign. Mr. Eberle also suggested recruiting and presentation of Mental Health First Aid.
- D. New Commission Meeting time; The afternoon meeting time will continue, with an occasional evening meeting as needed, perhaps quarterly.

**ADJOURNMENT:** Move to adjourn (Cheatham/Cooke). There being no further business, the meeting was adjourned at 5:00 PM.

The next Brunswick County Substance Use and Addiction Commission meeting will be held on **October 3, 2019 at 3 PM.**

**COMMISSION INPUTS:** None

\_\_\_\_\_ Chairperson

\_\_\_\_\_ Secretary

**Brunswick County  
Substance Use and Addiction Commission**

**Attendance Roster 2019-2020**

NAME	JULY	AUG	SEPT	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUN
Cooke	*	X	X									
Eberle	*		X									
Gomes	*	X	X									
Gushue	*											
Hickman	*											
Lanier	*	X										
Torbish	*	X	X									
Strickland	*		X									
Cheatham	*		X									
Riley	*		X									

O = Off Board

X = In Attendance

Blank Space = Absent

X-sub= sent representative

^ = Specially Called Meeting

\* = No Meeting

Quorum = 5 members present

**Attendance Roster 2018-2019**

NAME	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUN
Bass	X	*	X	X	X		x	x
Cooke	X	*	X			X	x	x
Eberle	X	*	X	X	X	X	x	x
Gomes	X	*	X	X	X	X	x	x
Gushue	X	*		X		X		x
Hickman	X	*	X	X	X	X		x
Lanier	X	*	X	X	X		x	
Torbish	X	*	X	X-sub	X	X	x	x
Willis	X	*	X-sub	X	X-sub	X-sub	O	O