WHAT YOU SHOULD KNOW ABOUT:

HEPATITIS A

A highly contagious liver infection caused by a virus spread from person to person. The illness can last for weeks to months.

How is it spread?

- Forgetting to wash your hands after using the bathroom or changing diapers
- Having sexual contact with infected partner(s)
- Eating or drinking foods contaminated by hepatitis A

What are the symptoms?

- Throwing up or feeling like throwing up
- Fever
- Yellowing of the eyes and skin.

OTHER SYMPTOMS INCLUDE: Dark Pee · Gray Poop · Joint Pain · Feeling Tired · Loss of Appetite · Stomach Pain

How can you protect yourself and prevent the spread?

- Get vaccinated. Visit BrunswickCountyNC.gov for information on where to get shots.
- Wash hands with soap and water before eating or preparing food and after using the bathroom/changing diapers.
- Use a latex condom for any type of sex, and use a water-based lubricant to help reduce the chance of the condom breaking.
- Use a dental dam as a barrier for protection when rimming.

For more information: BrunswickCountyNC.gov 910.253.2250