Hurricane Survival

(If you are staying home or “sheltering in place”)

Prepare Now

- Before hurricane season begins, June 1st, put together a survival kit and make decisions regarding where to go and plan what you would do if you had to suddenly evacuate
- Learn the emergency evacuation routes for your area
- Make a list of valuable, irreplaceable items to gather if only given 15 minutes to pack
- If oxygen dependent, prepare enough portable oxygen if electricity is lost

Survival Kit

- Waterproof container with lid to store/carry items
- Canned, non-perishable foods (including pet food)
- Infant care items (diapers, formula) if needed
- Manual can opener
- Can of Sterno, matches/lighters
- Disposable plates, cups and utensils
- Drinking water in clean, unbreakable containers- 2 quarts per person/day. Change water every 6 months- Old milk jugs are NOT recommended to use
- Flashlights, portable radio, extra batteries
- Masking or duct tape
- Compass
- First Aid kit (sterile bandages, scissors, tape, rubbing alcohol, pain reliever, antacid, antibiotic cream)
- Copies of important papers in sealed waterproof container (birth certificate, emergency contacts, immunization records, insurance papers, social security numbers, cash/travelers check) Originals should be in a safe deposit box in another location

Have on Hand

- Prescription medications/treatments (2 weeks supply in original containers)
- Portable outdoor stove or grill with extra fuel supply
- Ice chests
- Liquid household bleach- To purify water: place ¼ teaspoon/gallon water, shake, let it sit 30 minutes
- Sheets of plywood to board up windows during hurricane water (24-36 hours before storm)

Before the Storm

- Listen to weather updates on television or radio. Stay informed! (89.9 FM)
- Have a car ready- check on gas, oil, water, and maintenance
- Board up or put storm shutters on windows
- Plan for pets- pets are only allowed in pet friendly shelters
- Secure and store loose objects in your yard (trash cans, lawn furniture, etc)
- Turn refrigerators/freezers to coldest settings
- Fill tubs with water for washing & flushing toilets

During the Storm

- Remain indoors, stay in an interior, windowless area away from windows
- Stay inside until local authorities announce your area safe

After the Storm

- Do not drink tap water until informed by authorities that it is safe
- Rarely open the refrigerator/freezer during the first 12-18 hours after power is lost. A full, unopened freezer will stay frozen for 2 days. A ½ full freezer for 1 day
- Canned goods, dry food and food with intact seals are safe to eat
- Fruit/vegetables are safe if not washed with contaminated water