Coronavirus

Preventing the spread of illness in your community

- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.

- If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol.

- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.

- Avoid touching your eyes, nose, and mouth.

- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.

- Stay home when you are sick.

If you have a fever, cough, shortness of breath or other cold & flu like symptoms, contact your healthcare provider.

Before you go to a medical facility, call ahead and tell them about your symptoms so appropriate steps can be taken to protect you and others.

Brunswick County Health Services

brunswickcountync.gov/health/coronavirus